



MEALS ARE PAYABLE EITHER WEEKLY IN ADVANCE OR DAILY AT £2.20 PER DAY



Healthy Schools

Cold option: Monday, Wednesday & Friday baguettes, Tuesday & Thursday wraps

;;WEEK COMMENCING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23RD MAY 2016	Minced beef in gravy served with boiled potatoes, carrots & peas M,SD	Pasta in a tomato & herb sauce & garlic bread G,SD	Roast lamb, mint sauce, broccoli, carrots, roast potatoes & gravy SD,M	Jumbo sausage, herb potatoes & baked beans G,SD,MP	Fish fingers, creamed potatoes, peas, sweetcorn & ketchup F,G,MP
	Arctic roll MP	Cherry sponge & pink sauce G,E,MP,SD	Choc brownies G,MP	Welsh cookies G,MP	Assorted desserts
6TH JUNE 2016	Sausages, creamed potatoes & baked beans G,SD,MP	Meat balls in a sweet & sour sauce served with steamed rice G,SD	Roast beef, roast potatoes, Yorkshire pudding, broccoli, carrots & gravy SD,M	Quorn lasagne & mixed veg G,SD,MP	Salmon fishcakes, new potatoes, peas & ketchup F,MP,SD
	Ice cream MP	Vicarage pudding & custard G,MP,E	Flapjack MP,G	Mandarin orange meringue pie G,E	Assorted desserts
13TH JUNE 2016	Veggie burger, creamed potatoes, green beans & gravy MP,M,G	French bread pizza, coleslaw & side salad G,M,MP	Roast chicken, roast potatoes, apple sauce, broccoli, carrots & gravy SD,M	Liver & bacon, creamed potatoes, peas & onion gravy G,MP,M	Battered fish, new potatoes & spaghetti hoops F,G,SD,MP
	Fruit cocktail & cream MP	Rice pudding with fruit MP	White choc crispy cakes MP	Cheese cake MP	Assorted desserts
20TH JUNE 2016	All day breakfast G,SD,M	Jacket potatoes served with ham/cheese & baked beans & salad MP,SD	Roast gammon, roast potatoes, broccoli, carrots & gravy SD,M	Chilli-con-carne SD	Fish stars, creamed potatoes, peas & sweetcorn F,SD,G,MP
	Choc ice MP	Angel delight MP	Coconut crunch MP,SD,G	Jam tart & cream MP,G,SD	Assorted desserts

FOR AN EXPLANATION OF THE ABBREVIATIONS MARKED IN RED PLEASE SEE REVERSE OF MENU

ALLERGY ABBREVIATIONS

SD - Sodium Dioxide

E - Egg

G - Cereals containing gluten

MP - milk products

Y - Soya

F - Fish

M - Mustard

S - Sesame seeds