



BUMPER FOOD PANTRY

MEALS ARE PAYABLE EITHER WEEKLY IN ADVANCE OR DAILY AT £2.20 PER DAY

Cold option: Monday, Wednesday & Friday baguettes, Tuesday & Thursday wraps

For an explanation of the abbreviations marked in red please see reverse of menu

WEEK COMMENCING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12th September 2016	Sausage Roll creamed potatoes Baked beans MP,G,E,SD	Lasagne Crusty roll Salad E,M,P,	Roast Chicken, Broccoli, Carrots, Roast potatoes G,SD,NP	Jacket potato Cheese, Beans, Ham, Salad MP	Battered Fish new potatoes Green beans F,MP,G
	Artic Roll MP	Rice Pudding MP	Flap Jack G	Brownies G	Assorted desserts
19th September	Chicken Goujons, new potatoes, Veg SD,MP,G	Chilli-Con Carne Rice G,MP	Roast Gammon, Broccoli, Carrots, Roast Potatoes M,SD,Y	French Bread Pizza Salad Coleslaw MP,E,G,	Fish Cakes Creamed Potatoes, Peas, Sweetcorn MP,F,G
	Ice Cream MP	Fruit Crumble & Custard MP,G	Jam Sponge MP,E,G	Eton Mess MP,G	Assorted desserts
26th September	Cheese & Onion pasty Creamed Potatoes Peas MP.SD.G.E	Tri Pasta in a herb and tomato sauce, Garlic bread E,MP.G	Roast Beef, Roast Potato, Broccoli, Carrots GSD,MP	Ham, Chips & Baked beans G.MP	Battered Fish fingers, New Potatoes Veg F,M.P
	Mousse MP	Chocolate Crunch (MP,G)	Shortbread MP,G	Rice Krispie squares G	Assorted Desserts

ALLERGY ABBREVIATIONS

SD - Sodium Dioxide

E - Egg

G - Cereals containing gluten

MP - milk products

Y - Soya

F - Fish

M - Mustard

S - Sesame seeds