

BUMPER FOOD PANTRY

MEALS ARE PAYABLE EITHER WEEKLY IN ADVANCE OR DAILY AT £2.20 PER DAY

Cold option: Monday, Wednesday & Friday baguettes, Tuesday & Thursday wraps

For an explanation of the abbreviations marked in red please see reverse of menu

WEEK COMMENCING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7TH November	All day breakfast E	Corned beef Bake Beans & Chips GMP	Roast Gammon Roast potatoes, carrots & Broccoli PMGSD	Chilli-con carne Rice GMP	Fish in Batter new potatoes green beans FMPG
	Ice Cream tubs MP	Lemon Tart & Cream GMP	Brownies G	Cookies MPG	Assorted
14TH November	Spaghetti Bolognaise GMPGE	Sweet & Sour spring rolls MPGSD	Roast chicken Roast potatoes Cabbage, Carrots, GSDMP	French Bread Pizza, salad coleslaw MPEG	Fish Stars creamed potatoes peas sweetcorn MPFG
	Mousse MP	Shortbread MPG	Jam sponge MPEG	Fruit jelly G	Assorted desserts
21ST November	Macaroni cheese & sausages MPG	Chicken Tikka Rice GMP	Roast Beef Yorkshire pudding Mashed Carrots, & Swede GSDMP	Jacket potato, Tuna Mayo/Cheese, Coleslaw salad MPF	Teacher inset day
	Angel Delight MP	Bakewell tart MPG	Crunch MPE	Fruit sponge & custard MPEG	
28TH November	Ravioli ,Creamed potatoes & peas MP,G	Vegetarian chilli-con carne Rice GMP	Roast Gammon Roast potatoes Ratatouille G.S.D.M.P	Minced beef in gravy Creamed potatoes & mixed veg MPGSD	Fish cakes Herb potatoes baked beans MPFG
	Angel Delight MP	Rice Pudding GM.P	Chocolate & Coconut flapjack G	Jam Tart MPG	Assorted desserts

ALLERGY ABBREVIATIONS

SD - Sodium Dioxide

E - Egg

G - Cereals containing gluten

MP - milk products

Y - Soya

F - Fish

M - Mustard

S - Sesame seeds