



## BUMPER FOOD PANTRY

**MEALS ARE PAYABLE EITHER WEEKLY IN ADVANCE OR DAILY AT £2.20 PER DAY**

**Cold option: Monday, Wednesday & Friday baguettes, Tuesday & Thursday wraps**

**For an explanation of the abbreviations marked in red please see reverse of menu**

WEEK COMMENCING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>27<sup>th</sup> February 2017</b>	Sausage rolls Creamed potato Baked Beans <b>E,MP,G,SD</b>	Lasagne Crusty Roll, Salad <b>MP,M</b>	Roast Chicken Roast potato Broccoli, Carrots, Gravy <b>M,SD</b>	Jacket Potatoes Cheese & Ham Salad <b>MP</b>	Battered Fish new potatoes green beans <b>F,G,SD,M</b>
	Artic Roll	Pancakes <b>MP E,G</b>	Flapjack <b>G,MP</b>	Brownies <b>G,</b>	Assorted desserts
<b>6<sup>th</sup> March 2017</b>	Chicken Goujons New Potato <b>G MP</b>	Chilli-Con Carne Rice <b>G MP</b>	Roast Gammon, Roast potatoes Veg & Gravy <b>M G</b>	French Bread Pizza Coleslaw Salad <b>G</b>	Fish Cakes Creamed potato Peas & sweetcorn <b>F.G.M</b>
	Ice Cream <b>MP</b>	Fruit crumble & cream <b>G MP</b>	Jam Sponge <b>G MP E</b>	Eton Mess <b>G MP</b>	Assorted Desserts
<b>13<sup>th</sup> March 2017</b>	Chees & onion Pasty Creamed potatoes peas <b>F MP G</b>	Tri coloured pasta herb and Tomato sauce Garlic bread <b>M G MP</b>	Roast Beef Roast potatoes Veg Gravy <b>M,G</b>	Ham Chips & Baked Beans <b>G,M,MP,</b>	Battered Fish fingers new potatoes Veg
	Mousse <b>MP</b>	Chocolate crunch <b>E,G MP</b>	Shortbread <b>MP,G</b>	Rice Krispie squares <b>G</b>	Assorted Desserts
<b>20<sup>th</sup> March 2017</b>	Vegetarian Sausages new potatoes baked beans <b>G,M,MP</b>	Sweet & sour chicken & Rice <b>G,MP</b>	Roast Pork Roast potatoes Veg, Gravy <b>MG</b>	Omelettes cheese & onion Salad <b>G M</b>	Fish Stars Creamed potatoes Peas <b>F,MG</b>

	Angel Delight (MP)	Carrot cake MP,G	Cookies MP,G	Jelly MP,E,SD	Assorted Desserts
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## ALLERGY ABBREVIATIONS

**SD** - Sodium Dioxide

**E** - Egg

**G** - Cereals containing gluten

**MP** - milk products

**Y** - Soya

**F** - Fish

**M** - Mustard

**S** - Sesame seeds