



BUMPER FOOD PANTRY

MEALS ARE PAYABLE EITHER WEEKLY IN ADVANCE OR DAILY AT £2.20 PER DAY

Cold option: Monday, Wednesday & Friday baguettes, Tuesday & Thursday wraps

For an explanation of the abbreviations marked in red please see reverse of menu

WEEK COMMENCING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27th March 2017	Steak & onion Pie New potatoes & gravy ,MP,G,SD	Chicken Korma, Steamed rice & naan bread G	Roast Gammon Roast Potatoes Broccoli, Sweetcorn Gravy M,SD	Minced beef in gravy with creamed Potatoes & mixed veg MP SD,G	Fish stars, potato wedges & spaghetti hoops F,G,
	Artic Roll	Iced Sponge MP E,	White choc crispies G,MP	Crumble & custard G,	Assorted desserts
3rd April 2017	Jumbo sausage, herb potatoes & baked beans G MP	Pasta in a Bolgnese sauce E,G MP	Chicken casserole with dumplings SD G MP	Ham, cheesy chips & baked beans G MP	Fish fingers boiled potato Peas F.MP
	Ice Cream & wafer MP	Lemon sponge G MP E	Shortbread G MP	Vicarage pudding & custard G MP E	Assorted Desserts
24th April 2017	Chees & onion Pasty Creamed potatoes peas F MP G	Chilli-con-carne served on steamed rice M G MP	Roast Pork veg & gravy MSD,Y	French bread pizza salad & coleslaw G,M,MP,	Battered Fish herb potatoes Veg
	Angel Delight MP	Chocolate crunch E,G MP	Welsh biscuits MG	Ring doughnuts G	Assorted Desserts
1st May 2017	May Day Bank holiday	Sweet & sour chicken & Rice G,MP	Roast Beef Yorkshire Pudding Roast potatoes Veg, Gravy MG	Jacket Potato with cheese/beans & salad G M	Fish Stars Creamed potatoes Peas F,MG
		Eton mess MP E	Flapjack, G	Coconut crunch & white sauce MP,E,SD	Assorted Desserts

ALLERGY ABBREVIATIONS

SD - Sodium Dioxide

E - Egg

G - Cereals containing gluten

MP - milk products

Y - Soya

F - Fish

M - Mustard

S - Sesame seeds