



## Curriculum Intent Statement

### **Physical Education**

*'All pupils should leave primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.'* Department of Education Vision

*'Do you know what my favourite part of the game is? The opportunity to play.'* Mike Singletary  
(American Football Player and Coach)

At Westbury C of E Junior School, the intent of teaching Physical Education is to give children the tools and understanding required to make a positive impact in their own physical health and well-being through a holistic approach. We want all children to experience a wide variety of sports and physical skills which will enhance life-long fitness and life choices. PE can challenge and promote self-esteem through the development of physical confidence and problem solving. It can teach children to cope with both success and failure in competitive, individual and team based physical activities. Within dance it will allow children to explore their personal and spiritual identity. In addition, through PE/Games, pupils will have the opportunity to further develop their oracy skills using a wide range of key PE vocabulary.